THE

# FAMILY DOCTOR;

CONTAINING

# VALUABLE SECRETS

IN MEDICINE:

BEING

# A COLLECTION OF RECIPES

FOR CURING OR RELIEVING

MANY DISEASES

INCIDENT TO THE HUMAN FRAME.

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# THE FAMILY DOCTOR.

Scurvey.

Sarsaparilla, three ounces; trefoil, one handful; ground-ivy, one handful; elderberry buds, one handful. Put them into three gallons of water, and boil them down to one-third. Take two drachm glassfuls before meat three times a day.

To take Pimples off the Face and Body, and to make a fair Shin.

Precipitated sulphur of antimony, one drachm; prepared calomel, fifteen grains; conserves of hips, sufficient to form a mass. To be divided into thirty pills. One to be taken twice a day, with a draught of sassafras nut. After taking the pills four days, a little of the following ointment should be rubbed every night over the parts affected.

Ointment of nitrated quicksilver, four drachms; spermaceti ointment, four drachms. To be mixed in a glass mortar, or with an ivory spatula; as metals will decompose the nitrated quicksilver, and destroy the efficacy of the ointment.

# Heartburn.

Diluted sulphuric acid, ten drops, in a wine glass of ginger-tea twice a day.

## To remove a Cold.

Take of prepared Kali, one drachm and a half, pure water, seven ounces, water of ammonia, and Tola syrup, of each half an ounce. Take three tablespoonful every four hours.

# Cough tickling of long standing.

Oil of aniseeds, half a drachm; tineture of opium, half an ounce; balsam of suphur, half an ounce. A teaspoonful to be taken in sugar at bed time only.

# Asthmatic Complaints.

Paregoric elixir, one onnce; camphorated jalap, six ounces, tincture of assafædita, half an ounce, or vitriolated ether, three drachms, oxymel of colchium seeds one ounce;—mix. Two tablespoonsful to be taken for chro-

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nic difficulty of breathing, and spasmodic asthma, unattended with fever.

#### Asthmatic Pills.

Squill pill, one drachm, extract of buchu leaves, one drachm. Mix and divide into twenty four pills, two or three of which may be taken twice or thrice a day.

Hooping or Chin Cough.

Tincture of artificial musk, one ounce, of which ten to twenty drops may be taken three times a day in a little barley-water.

#### Hoarseness.

Spermaceti, one ounce; sugar-candy, one ounce. To be finely powdered together, of which a teaspoonful may be taken three times a day.

#### Colic.

Castor oil, one ounce; compound tincture of senna, half an ounce. To be taken in peppermint water. After three or four evacuations, use the following mixture:

Ether, two drachms; sp. sal. volatile, a drachm and a half; liquid laudanum, thirty drops; camphorated mixture, six ounces. Two tablespoonsful every three or four hours. Also for spasms in the stomach, this is a very efficacious remedy.

# Indigestion.

Extract of chamomile, one drachm; dried natron, half a drachm; powdered rhubarb, one scruple; oil of caraway seeds, ten drops; syrup of ginger, sufficient to form twentyfour pills. Two to be taken two or three times a day.

## When weakness prevails in the System.

Extract of rhatany root, three drachms; dissolve in twelve ounces of the infusion of buchu leaves; and add aromatic tincture of rhatany root, one ounce; sp. sal. volatile, two drachms. Two or three tablespoonsful every three or four hours.

# Appetite bad.

Aloetic pills, two scruples; snake-root one drachm; long-pepper, half a drachm; oil of cinnamon, twenty drops; simple syrup, enough for thirty-two pills. To be taken morning and night.

Worms.

Scammony, powdered, half a drachm; calomel, half a

drachm; rhubarb, powdered, half a drachm; lump-sugar, one drachm and a half, finely powdered. Be sure they are well mixed. To a child of one year old, give ten grains, and increase three grains for every year: Or,

Socotrine aloes, one drachm; filings of iron, one drachm; calomel, one scruple; simple syrup, enough for

twenty-four pills. Take two night and morning.

Or, one or two drachms of fern root, boiled in mead. This kills both the flat and round worms. Repeat the medicine from time to time.

Or, syrup of bear's foot, which is made thus :- Sprinkle the green leaves with vinegar, stamp and strain out the juice, add to it a sufficient quantity of coarse sugar. This is the most powerful medicine for long round worms.

# Tape-Worm.

Granulated tin, six ounces; carbonate of iron, one ounce; conserve of wormwood, three ounces,-mix. large teaspoonful to be taken every morning, with a draught of lime water.

# Epilepsy, or Fits.

Valerian root, one ounce; red bark, six drachms; factitious cinnabar, half an ounce; filings of iron, one drachm and a half; mucilage of gum-arabic, enough for an electuary. The size of a walnut morning and evening, washing it down with two teaspoonsful of the following drops, in a glass of water; viz.-Volatile tincture of valerian, for a bottle of drops.

# Eye-Water, for Films and Specks.

If hot water distil from the eyes, or if films, specks, &c., appear, the following eye-water is not to be excelled. The eye may be washed three or four times a day, and as much allowed to be worked in the eyes as can well be done.

White vitriol, fifteen grains; spirits of wine, rectified,

half an ounce; rose-water, half an ounce.

## Nervous Head-Ache.

First take an emetic, after which the following: essential salt of rhatany root, three drachms; camphorated jalap, three ounces; compound spirit of ammonia, three drachms; alkaline tincture of steel, two drachms; mintwater, eight ounces. Three tablespoonsful three times a dav.

#### Gout.

Alkaline tincture of colchicum seeds, in the dose of a teaspoonful twice a day. It is also an excellent remedy for the rheumatism.

#### Rheumatism.

Tincture of the seeds of meadow-saffron, from twenty-five to forty drops, in two tablespoonsful of the camphorated mixture, twice a day.

## Ulcers in the Legs.

Muriated quicksilver, ten grains; muriatic acid, ten drops; spirits of nitrous ether, one ounce. Twenty drops night and morning, in a little water.

#### Looseness or Lax.

Alumine, one drachm and a half; prepared calcined oyster-shells, one drachm; compound targacanth powder, two drachms; tincture of cinnamon, one ounce; simple spear-mint water, seven ounces;—mix. Three tablespoonsful to be taken three or four times a day.

## Jaundice.

Turmeric, one ounce; Venice soap, one ounce; Columba root, one drachm and a half; rhubarb, half an ounce; oil of juniper, two drachms; simple syrup, enough for an electuary. The size of a walnut to be taken twice or thrice a day, and then take the following pills to perfect the cure.

Socotrine aloes, one drachm; assafætida, half a drachm; precipitated sulphur of antimony, half a drachm; filings of iron, half a drachm; simple syrup, enough for twenty-four pills. Two to be taken morning and night.

#### Piles.

Best currants, chopped small, half a pound; flowers of sulphur, half an ounce; best rhubarb, two drachms; castor oil, two drachms. To be made into an electuary, and the size of a walnut to be taken three times a day.

# Itch Mixture.

White helebore root, bruised, four ounces; boil in a quart of water to a pint and a half, then strain and add lavender-water, four ounces, with which the parts affected should be washed two or three times a day.

#### Gravel.

Sweet nitre, one ounce; oil of juniper, half an ounce;

liquid laudanum, two drachms. A teaspoonful to be taken in a cupful of linseed tea twice a day.

#### Red Gravel.

Infusion of buchu leaves, six tablespoonful; magnesia, one tablespoonful—well mix. To be taken two or three times a day.

Stone and Gravel, a Clyster for.

Balsam of Peru, dissolved in the yoke of an egg, two drachms; decoction for a clyster, five ounces; oil of olive two ounces; tincture of opium, two drachms. This will always give immediate ease in the most racking pains.

#### Tooth-Ache.

When it is entirely nervous, or arises from a disordered stomach, the following medicine has succeeded in curing it in a few hours:—Take of the Augustura Bark, powdered, in the dose of fifteen grains, every four hours, in a little water: Or.

Purified opium, two grains; camphor, two grains; oil of cloves, two drops; oil of pepper two drops. A pill to be put in the hollow tooth.

Or, to be electrified through the teeth.

Or, lay roasted parings of turnips as hot as may be behind the ear.

Or, lav a clove of garlic on the tooth.

Or, keep the feet in warm water, and rub them well with bran just before bed-time.

#### Ague

Peruvian bark, two scruples; crude sal-ammoniac, five grains; syrup of orange peel, as much as will make a bolus. This much to be taken every four hours, during the absence of the hot fit, washing it down with a glass of port wine.

## Burns and Scalds.

Linseed oil, four ounces; lime water, four ounces; laudanum, half an ounce;—mix. To be applied with lint, or soft old linen.

#### Scald Head.

Citrine ointment, one ounce; saturated solution of nitrated copper, thirty drops—well mixed. On the appearance of this disease, the hair must be cut short, the scabs removed, and the ointment spread over the parts very thinly.

#### Warts.

Fill a vessel with water, into which put pieces of iron hoops, nails, &c., and allow it to stand still till a skim lies on the top, then wash the warts several times a day, and they will shortly disappear.

# Chilblains, or Frost-bitten.

Nitrated quicksilver ointment, one ounce; olive oil, one ounce. To be rubbed in with a warm hand, or if cracked, to be laid on lint, and in case of much inflammation, a poultice of bread and water may be applied.

#### Corns.

Diachylon plaster, spread over leather, (about the size of half-a-crown,) applied on the upper part of the foot, about an inch and a half from the corn, is esteemed a sovereign remedy.

# To remove Sickness.

Salt of wormwood, two drachms; syrup of lemons, four ounces; mint water, four ounces—mix. Take three teaspoonsful every four hours.

# To stop Vomiting.

Salt of wormwood, one scruple, divided into four, and take one part, dissolved in one ounce of peppermint-water every two hours, till the vomiting cease.

# Ring-Worm.

Oil of tar, and rub it well on the parts affected, and it will soon disappear.

# Cramp in the Stomach.

Ether, two drachms; sal volatile, two drachms; tincture of guiacum, two drachms; tincture of lavender, two drachms; tincture of opium, one drachm. Take one teaspoonful in three tablespoonsful of ginger tea every four hours.

# Spreading Foul Ulcers on the Face and Scalp.

Oxym cupri acetat, half an ounce, mist camphoræ, one ounce—mix. To be applied to the part affected. This is a very valuable remedy.

## Ointment for Women's Breasts.

Mutton suet, one pound; best sweet oil, half a pint; rosin, one ounce. Render the suet and clear it, then melt

all together, and when cool, beat it up well for a considerable time with a splint. Rub it well in with a warm hand, warming the hand often. If there are holes in the breasts, after rubbing it lay it on as a salve.

Bowel Complaints, Bloody Flux, Gout, or Pain in the Breast and Stomach.

Huxham's tincture of Bark, six drachms; tincture of rhubarb, half an ounce; liquid laudanaum, half an ounce; elixir of vitriol, two drachms; compound tincture of Benjamin, half an ounce. Take two or three spoonsful thrice a day, in a spoonful of sugar and water.

# Bruises and Sprains.

Vinegar, six ounces; saltpetre, one ounce; (dissolve in it,) strong opodeldoc, one ounce; salammoniac, one ounce; tincture of myrrh, one ounce; oil of origanum, three drachms—mix. Rub the part affected three times a day.

## Convulsions in Children.

Prepared kali, one drachm; tincture of assafætida, half an ounce; peppermint-water, one ounce and a half. Let a teaspoonful be given three or four times a day.

# Whitworth Bottle.

Rectified spirits of wine, six ounces; compound tincture of lavender, four drachms; oil of origanum, half an ounce.

## Scotch Pills.

Dissolve two ounces of hepatic aloes over a slow fire, in a small spoonful of pure Florance oil, to which add as much water. When it is brought into a proper consistence, make it into pills of the size of a small pea.

## Bites and Stings.

To the bites of gnats, bugs, wasps, bees, hornets, &c.— Take of opium, one drachm; olive oil, one ounce. Dissolve the opium by rubbing with the oil, and apply it frequently. Until the lotion can be procured, apply vinegar or heartshorn.

# Diabetes, or excessive discharge of Urine.

Nitric acid, one drachm and a half; barley water, half a pint; simple syrup, two ounces.—Mix. Four large

tablespoonsful to be taken, with the same quantity of water, three times a day.

# To cure Deafness.

Take a piece of gray wool, and put it in your own water, when warm, and apply it to the ear as wet as possible three times a day. Many remedies have been specified for the cure of deafness, but, perhaps, none equal to the above; except it be the juice of a frosted turnip.

# Pains in the Sides and Loins.

Obstinate fixed pains in the sides and loins, of many years standing, have soon yielded to the following carminative:—Bay berries, six drachms; grains of paradise, two drachms; socotrine aloes, two scruples; filings of iron, two scruples; oil of turpentine, two drachms; simple syrup, enough for an electuary. The size of a nutmug to be taken morning and night.

# Bilious, or Liver Pills.

Blue pill, one drachm; extract of gentian, one drachm. For twenty-four pills: take two at bed-time.

#### Liniment.

Liquid ammoniac, one ounce; olive oil, an ounce and a half; oil of turpentine, half an ounce. For deep-seated or indolent tumors; and also in chronic rheumatism, and diseases of the hip or other joints.

## Lime Water.

Quick lime, four ounces; pure water, six pints.—Mix. And set them aside in a covered earthern vessel for one hour, then pour off the clear water, and keep it in bottles well corked for use.



